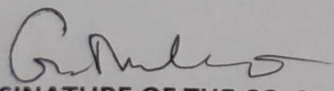


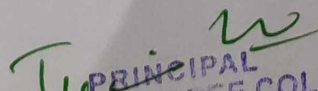


NATIONAL SERVICE SCHEME  
ACTIVITYREPORT FOR THE ACADEMIC YEAR 2022-2023

S.NO	PARTICULARS	DETAILS OF THE EVENT
1	NAME OF THE EVENT	INTERNATIONAL YOGA DAY
2	TITLE OF THE EVENT	AWARENESS PROGRAMME ON YOGA DAY
3	DATE OF THE EVENT	21/06/2023
4	ORGANIZED BY	NSS
5	NAME OF THE EVENT COORDINATOR	SMT.G.NIRMALA JYOTHI
6	COURSE/CLASS/ GROUP PARTICIPATED	BA/B.COM/BSC
7	NO. OF STUDENTS PARTICIPATED	50
8	NAME OF THE RESOURCE PERSON	DR.T.K.VISWESVARA RAO
9	OBJECTIVE(S) OF THE EVENT	1.TO PRACTICE MENTAL HYGIENE
		2.TO PROCESS EMOTIONAL STABILITY
		3.TO INCREASE PRODUCTIVITY IN LIFE
		4.TO ATAIN HIGHER LEVEL OF CONSEQUENCES
10	OUTCOME(S) OF THE EVENT	1.YOGA HELPS WITH BACKPAIN RELIEF
		2.YOGA BENEFITS HEART HEALTH
		3.YOGA HELPS TO MANAGE STRESS
		4.YOGA IMPROVES STRENGTH AND WEALTH
11	WHETHER THE EVENT PUBLISHED IN THE NEWSPAPER? IF YES, ATTACH THE NEWSPAPER CLIPPINGS	NO
12	PHOTO GALLERY (USE SEPARATE SHEETS FOR PHOTOS)	YES

  
SIGNATURE OF THE CO-ORDINATOR



  
PRINCIPAL  
SAS GOVT. DEGREE COLLEGE  
NARAYANAPURAM  
Eluru District.  
Pin: 534 406, Andhra Pradesh



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*[Handwritten signature]*  
**PRINCIPAL**  
**SAS GOVT. DEGREE COLLEGE**  
**NARAYANAPURAM**  
 West Godavari District,  
 Andhra Pradesh