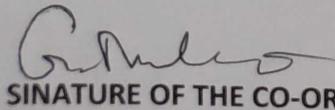




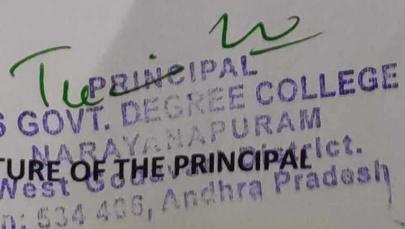
NATIONAL SERVICE SCHEME
ACTIVITY REPORT FOR THE ACADEMIC YEAR 2022-2023

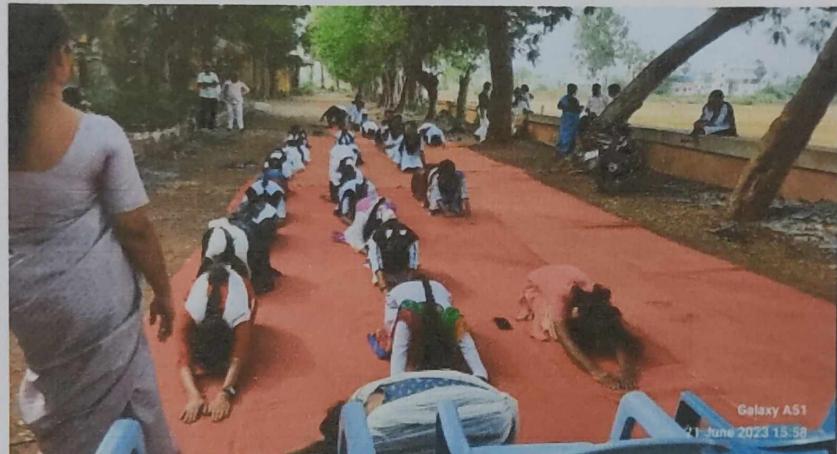
S.NO	PARTICULARS	DETAILS OF THE EVENT
1	NAME OF THE EVENT	INTERNATIONAL YOGA DAY
2	TITLE OF THE EVENT	AWARENESS PROGRAMME ON YOGA DAY
3	DATE OF THE EVENT	21/06/2023
4	ORGANIZED BY	NSS
5	NAME OF THE EVENT COORDINATOR	SMT.G.NIRMALA JYOTHI
6	COURSE/CLASS/ GROUP PARTICIPATED	BA/B.COM/BSC
7	NO. OF STUDENTS PARTICIPATED	50
8	NAME OF THE RESOURCE PERSON	DR.T.K.VISWESVARA RAO
9	OBJECTIVE(S) OF THE EVENT	<ul style="list-style-type: none">1. TO PRACTICE MENTAL HYGIENE2. TO PROCESS EMOTIONAL STABILITY3. TO INCREASE PRODUCTIVITY IN LIFE4. TO ACHIEVE HIGHER LEVEL OF CONSEQUENCES
10	OUTCOME(S) OF THE EVENT	<ul style="list-style-type: none">1. YOGA HELPS WITH BACKPAIN RELIEF2. YOGA BENEFITS HEART HEALTH3. YOGA HELPS TO MANAGE STRESS4. YOGA IMPROVES STRENGTH AND WEALTH
11	WHETHER THE EVENT PUBLISHED IN THE NEWSPAPER? IF YES, ATTACH THE NEWSPAPER CLIPPINGS	NO
12	PHOTO GALLERY (USE SEPARATE SHEETS FOR PHOTOS)	YES



SIGNATURE OF THE CO-ORDINATOR




THE PRINCIPAL
SAS GOVT. DEGREE COLLEGE
NARAYANAPURAM
West Godavari District
Pin: 534 406, Andhra Pradesh



PRINCIPAL
SAS GOVT. DEGREE COLLEGE
NARAYAHAPURAM
West Godavari District.
105, Andhra Pradesh

Grimes